

Second Annual

# Heart of the Matter: Heart & Vascular Conference



Friday, September 26, 2014

7:30 a.m. – 4 p.m.

Cincinnati Airport Marriott  
2395 Progress Drive  
Hebron, Kentucky 41048



MAYO  
CLINIC

CareNetwork  
Member


# Registration Information

**To register, please complete the registration form below and return it by mail.**

Early registration is strongly advised. A confirmation email will be sent upon receipt of payment and the completed registration form.

**For registration information/questions, call:**

St. Elizabeth Healthcare Continuing Education Services  
Deborah Faust, Continuing Education Coordinator

 (859) 655-1961

 [debbie.faust@stelizabeth.com](mailto:debbie.faust@stelizabeth.com)

**Program Cost:** Cost is \$35 in advance, \$40 the day of the event.  
Registration deadline is September 18.

**Program Cancellation:** Cancellations must be via email to be accepted. A \$20 program fee will be refunded prior to September 18, 2014. After that date, absolutely no refunds will be granted.

Name (PRINT): \_\_\_\_\_ Professional license #: \_\_\_\_\_

Title or profession: \_\_\_\_\_ Facility: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

I agree to receive future notifications from St. Elizabeth Healthcare.

## Payment Information

**Please make checks payable to St. Elizabeth Healthcare, and send to:**

St. Elizabeth Healthcare Staff Development  
Attention: Melissa Davis, Office Coordinator  
1 Medical Village Drive  
Edgewood, KY 41017

**Credit Card:**  Visa  MasterCard

\_\_\_\_\_  
Credit Card # Expiration Date

\_\_\_\_\_  
Name of Card Holder

\_\_\_\_\_  
Signature of Card Holder

 **Registration with credit card information may be done by calling Melissa Davis at (859) 655-1960.**

## Friday, September 26

- 7:30-8:00 a.m.**      **Registration/Continental Breakfast**
- 8:00-8:10 a.m.**      **Introduction**  
 Vera Hall, RN, MSN  
*AVP Patient Care Services, St. Elizabeth Healthcare*
- 8:10-9:10 a.m.**      **Keynote Speaker: Heart Failure: What Every Nurse Needs to Know**  
 Martha Grogan, MD  
*Consultant, Cardiovascular Diseases and Internal Medicine*  
*Assistant Professor of Medicine, Mayo College of Medicine*  
*Mayo Clinic, Rochester, Minnesota*
- 9:10-9:30 a.m.**      **Break and Vendor Visits**
- 9:30-10:30 a.m.**      **Endovascular Treatment of Aortic Aneurysms**  
 Kevin D. Martin, MD  
*Vascular Surgery, St. Elizabeth Physicians*  
 Brian Burkhardt, ACNP-BC  
*Heart & Vascular Institute, St. Elizabeth Healthcare*
- 10:30-10:40 a.m.**      **Break**
- 10:40-11:40 a.m.**      **Arrhythmia Management- Case Reviews**  
 Thomas P. Carrigan, MD, MHSA, FHRS  
*Co-Director, Atrial Fibrillation Ablation Program*  
*Heart & Vascular, St. Elizabeth Physicians*
- 11:40-12:30 p.m.**      **Lunch**
- 12:30-1:30 p.m.**      **Valvular Heart Disease and Treatment**  
 Saeb Khoury, MD  
*Heart & Vascular, St. Elizabeth Physicians*  
 Wilson Clements MD  
*Cardiac & Thoracic Surgery, St. Elizabeth Healthcare*
- 1:30-2:30 p.m.**      **Heart Failure and Sleep Apnea**  
 Neal Moser, MD  
*Pulmonology, St. Elizabeth Physicians*
- 2:30-2:45 p.m.**      **Break**
- 2:45-3:15 p.m.**      **Cardiac Rehab Overview**  
 Stephane Tucker, RN, BSN, *Cardiac Rehab Manager*  
 Michelle Svec, M.Ed., RCEP, *Cardiac Rehab Exercise Physiologist*  
*Cardiac Rehab, St. Elizabeth Healthcare*
- 3:15-3:45 p.m.**      **Put Your Own Oxygen Mask on First: Stress Relief for Healthcare Workers**  
 Grace Zite, RN, MSN, CCRN, CCNS  
*Critical Care, St. Elizabeth Healthcare*
- 3:45-4:00 p.m.**      **Closing and Evaluations**

## General Information

### What:

St. Elizabeth Healthcare presents Heart of the Matter: Second Annual Heart & Vascular Conference

### When:

Friday, September 26, 2014  
7:30 a.m. – 4:00 p.m.

### Location:

Cincinnati Airport Marriott  
2395 Progress Drive  
Hebron, KY 41048

### Who Should Attend:

- Inpatient and outpatient RNs and LPNs
- Advanced practice nurses
- Home health nurses
- Other interested healthcare professionals

### Complimentary Parking Provided

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For registration information or questions, call Deborah Faust, St. Elizabeth Healthcare Continuing Education Coordinator, at (859) 655-1961 or [debbie.faust@stelizabeth.com](mailto:debbie.faust@stelizabeth.com).

### Conference Objectives:

1. Discuss the diagnosis of heart failure.
2. Identify the key strategies for management of heart failure.
3. Discuss advantages and disadvantages with endovascular treatment for aortic aneurysms.
4. Describe current treatment options for individuals with aortic aneurysms.
5. Describe the basic pathophysiology and types of cardiac arrhythmias.
6. Summarize the process for evaluation of cardiac arrhythmias through case studies.
7. Distinguish advantages and disadvantages with open and endovascular treatment of aortic and mitral valve conditions.
8. Describe current treatment options for individuals with sleep apnea and heart failure.
9. Describe the components, goals, benefits and barriers to cardiac rehab.
10. Identify general strategies of stress prevention and relief and give examples within each category.

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**6.0 contact hours will be awarded to attendees that attend the entire activity and complete and return an evaluation form.**

*St. Elizabeth Medical Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Centers Commission on Accreditation.*

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